

# Keeping Mothers Healthy:

## Improving Maternal Mental Healthcare in New Zealand

## Invitation

You are invited to register your participation in a one-day workshop “*Keeping Mothers Healthy: Improving Maternal Mental Healthcare in New Zealand*”. This workshop is being organised by the Perinatal and Maternal Mortality Review Committee and supported by the Ministry of Health.

### Key note speaker



Dr MARGARET OATES, Clinical Director, East Midlands Perinatal Mental Health Managed Care Network, United Kingdom

Margaret is currently leading the development of a service strategy and commissioning framework for Perinatal Psychiatry together with the Regional Specialised Commissioning Group.

She developed and led the Nottinghamshire Perinatal Psychiatry Service until 2008, including a Regional Mother & Baby Unit, Community and Maternity Liaison Service. Margaret has advised on provision of perinatal mental health Services in other centres in both the UK and overseas. She is the Chair of The Royal College of Psychiatrists Perinatal Section (2003-08), and Lead Clinician for The Royal College of Psychiatrists Research unit's National Quality Care Network for Mother & Baby Units.

### Topics to be included in the programme are:

- The U.K. experience of reporting maternal deaths from mental health cases (Margaret Oates)
- Common mental health conditions in pregnancy
- Interventions in pregnancy
- Mother and Child Units — do they work?
- Alcohol and drug abuse/use in pregnancy
- Do we need a maternal mental health strategy for New Zealand
- Some challenges when developing maternal mental health services

### Details:

Date: 9am - 5pm Wednesday 29 October 2008  
Location: Waipuna Hotel & Conference Centre  
58 Waipuna Road  
AUCKLAND  
Costs: Registration: \$95 + GST (includes morning/afternoon tea & lunch).

**Registration form on following page**  
**Go to [www.pmmrc.health.govt.nz](http://www.pmmrc.health.govt.nz) for further information**

*Please complete and return to the address below.*  
**REGISTRATIONS DUE BY 14th OCTOBER 2008**

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Health Service: \_\_\_\_\_

Professional Group  
representing: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

email: \_\_\_\_\_

Tel. \_\_\_\_\_

Dietary  
requirements: \_\_\_\_\_

*eg. gluten free, vegetarian, etc...*

**Please mail registration to:**

PMMRC Secretariat  
PO Box 5013  
WELLINGTON

**Enquiries to:**

PMMRC Secretariat  
Ph: (04) 470 8773  
email: [pmmrc@moh.govt.nz](mailto:pmmrc@moh.govt.nz)  
[www.pmmrc.health.govt.nz](http://www.pmmrc.health.govt.nz)

**Payment options:**

Cheque made payable to Ministry of Health

Direct payment (*go to [www.pmmrc.health.govt.nz](http://www.pmmrc.health.govt.nz)  
for account details*)

*tick box*

**Early Bird Registration**

If registration and payment are received by **30th September 2008** an Early Bird Rate of \$85 + GST will apply.